




|   |   |   |   |
|---|---|---|---|
|  | Republic of the Philippines<br><b>Department of Education</b><br>Cordillera Administrative Region<br><b>SCHOOLS DIVISION OF BENGUET</b><br>Wangal, La Trinidad, Benguet |  | Document Code:<br>SDO-GQF-QF-CID-OSDS-SDS-003<br><br>Revision: 00<br><br>Effectivity date: 09-03-2018 |
|   | <b>DIVISION MEMORANDUM</b><br>No. <u>390</u> s. 2019  |   | Name of Office: <b>SGOD-SHS</b>   |

To: Schools District Supervisors, Coordinating Principals  
 Heads, Public Secondary Schools  
 School/District Nurses  
 School Health Section Personnel

OCT 30 2019  


From: **BENILDA M. DAYTACA, EdD, CESO VI**  
 Assistant Schools Division Superintendent  
 OIC - Schools Division Superintendent

Subject: **SEMINAR WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP) cum ADOLESCENT REPRODUCTIVE HEALTH**

Date: **October 21, 2019**

- The Department of Education (DepEd) – School Health Section in cooperation with the Division Federated Parents Teachers Association (PTA) will conduct a three-day Systematic Training for Effective Parenting cum Adolescent Reproductive Health on **November 6-8, 2019 at the KULTURA Splash Wave Resort, Pugo, La Union.** Arrival and registration will be morning of **November 6** and the Seminar Workshop shall start at **9 AM.**
- The Training aims to Orient the participants on “Comprehensive Dangerous Drugs Act of 2002” that strengthens the legal responsibility of formulating educational programs for the prevention of drug abuse, discuss the role of parents in Drug Abuse Prevention and control program and recognizing the critical role of parents as primary educator and in guiding their adolescent children in their journey towards growth and development.
- Expected Participants are the following:

|   |           |
|---|-----------|
| PSDS/Coordinating Principals/School Heads | 14        |
| PTA Representatives                       | 14        |
| School Health Personnel/Clinic Teachers   | 14        |
| Guidance Designates/MAPEH Teachers        | 14        |
| Facilitators                              | 4         |
| <b>TOTAL</b>                              | <b>60</b> |

- Please find enclosed for full details of the upcoming Training workshop.
- Accommodation, meals and snacks will be charged against SDO - MOOE Fund while travelling expenses incurred in attendance to this training shall be charged to local or school funds subject to the usual accounting and auditing rules and regulations.
- Immediate dissemination to all concerned is desired.



Republic of the Philippines  
**Department of Education**  
 Cordillera Administrative Region  
**SCHOOLS DIVISION OF BENGUET**  
 Wangal, La Trinidad, Benguet 2601



Office of the SDS: (074) 422-6570 (telefax); Administrative Office: (074) 422-3790;  
 Accounting Office: (074) 422-7501;  
 Supply Office: (074) 424-2863; Lobby/Officer of the Day: (074) 422-2001

**MATRIX OF ACTIVITIES: November 6 – 8, 2019**  
**Kultura Splash Wave Resort, Pugo, La Union**

DM 340 S. 2019

| DAY 1         | TOPIC   | SPEAKER   |
|---------------|---|---|
| 7:00 – 8:00   | Registration  | DepED - SHS   |
| 8:00 – 9:00   | Opening Program                                       | DepED - SHS   |
| 9:00 – 9:15   | Orientation on the Mechanics of the seminar           | <b>Arvin M. Doman</b><br>Nurse II   |
| 9:15 – 10:15  | UNODC Standards and Government Effort to Drug problem | <b>Demetria L. Manuel</b><br>Director III<br><b>Office of the DepED Secretary</b> |
| 10:15 – 10:30 | Health Break  |   |
| 10:30 – 11:30 | Drug Situation Update<br>Commonly Abused Drugs        | <b>Atty. Joseph Frederic Calulut</b><br>PIO-III/PDEA-CAR                          |
| 11:30 – 12:00 | Medical aspects of drug abuse                         | <b>Mary Grace G. Matias</b><br>Medical Officer III                                |
| 12:00 – 1:00  | Lunch Break   |   |
| 1:00 – 1:30   | Medical aspects of drug abuse Continuation            | <b>Mary Grace G. Matias</b><br>Medical Officer III                                |
| 1:30 – 2:30   | Salient Points of R.A. 9165                           | <b>Atty. Lucille Arianne Donato</b><br>Secretary – IBP Baguio - Benguet           |
| 2:30 – 3:00   | Stages of Man's Social and Psychological Development  | <b>Joan Hertimia B. Wagang</b><br>GC III – Ampusongan NHS                         |
| 3:00 – 3:15   | Health Break  |   |
| 3:15 – 3:45   | Continuation  |   |
| 3:45 – 5:00   | Building Self Esteem                                  |   |

| DAY 2         | TOPIC   | SPEAKER   |
|---------------|---|---|
| 7:45 – 8:00   | Preliminary Activities  | <b>Macrina C. Barozzo</b><br>SLU Laboratory Elementary School<br><br><b>Rolando F. Malafu</b><br>Guidance Counselor<br>Regional Science High School |
| 8:00 – 9:30   | Communicating with your child   |   |
| 9:30 – 11:00  | Workshop: Understanding children's behavior and misbehavior<br>Presentation of workshop |   |
| 11:00 – 12:00 | Natural and Logical Consequences: A method of Discipline that develops responsibility   |   |
| 12:00 – 1:00  | Lunch Break   |   |
| 1:00 – 2:30   | Responsible Parenthood  |   |
| 2:30 – 3:00   | 21st Century Parenting Technique  |   |
| 3:00 - 3:15   | Health Break  |   |
| 3:15 - 3:45   | Continuation  |   |
| 3:45 - 5:00   | Role of Parents on Drug Abuse Prevention and Intervention                               |   |

| DAY 3        | TOPIC  | SPEAKER                                 |
|--------------|--|---|
| 7:45 – 8:00  | Preliminary Activities                             | SHS                                     |
| 8:00 – 12:00 | Adolescent Reproductive Health<br>Parent-Teen Talk | <b>Arvin M. Doman</b><br>Nurse II - SDO |
| 12:00 – 1:00 | Lunch Break  |   |
| 1:00 – 3:00  | Presentation of Action Plan                        | SHS                                     |
| 3:00 – 4:00  | Closing Program                                    | SHS                                     |



Republic of the Philippines  
**Department of Education**  
 Cordillera Administrative Region  
**SCHOOLS DIVISION OF BENGUET**  
 Wangal, La Trinidad, Benguet



Document Code:  
**SDO-GQF-QF-CID-OSDS-SDS-003**  
 Revision: 00  
 Effectivity date: 09-03-2018

**Attachment to DIVISION MEMORANDUM**  
 No. 30 s. 2019

Name of Office: **SGOD-SHS**

**TITLE: SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING cum ADOLESCENT REPRODUCTIVE HEALTH**  
**DATE: November 6- 8, 2019 (Registration 7:AM-8:AM of November 6)**  
**VENUE: KULTURA Splash Wave Resort, Pugo, La Union**

**PARTICIPANTS**

| DISTRICTS | PSDS/CP's            | School Health/Clinic Teachers | MAPEH/Values Teachers/ Guidance Designates | PTA Officer/Representative |
|-----------|----------------------|-------------------------------|--|----------------------------|
| ATOK      | Aladin Dobinto       | Trining Cagas                 | Gordencio A. Dino                          | Roger T. Duping            |
| BAKUN     | Virginia B. Salio-an | Ricarda Gu                    | Ronillon Pinmiliw                          | Chris Siw-aten             |
| BOKOD     | Agustina Mendoza     | Gazael B. Basatan             | Aileen D. Sabino                           | Norman Ngalay              |
| BUGUIAS   | Melchor Tican        | Genevieve Bastian             | Giovanni Cayat                             | Jeramheel Lasegan          |
| ITOGON I  | Luis Iqualdo         | Ana Lamay                     | Analyn M. Bernabe                          | Lindo Lumawig              |
| ITOGON II | William Abance       | Carmen Salvi                  | Ferdinand Carantes                         | Joven Ediong               |
| KABAYAN   | Simon Backian        | Jenneth M. Bastian            | Arnold Manio                               | Jula Wais                  |
| KAPANGAN  | Molly Ablaza         | Arlyn Gama                    | Lilian T. Ulep                             | Mariano Soriano            |
| KIBUNGAN  | Jonathan Sadey       | Lorraine Agayo                | Fernando C. Bagayao                        | Bobby Bugtong              |
| LTB       | Rosita Dayag         | Danny Depnag                  | Victoria Palsiyeng                         | Raimton Andres             |
| MANKAYAN  | Ludinia A. Sano-an   | Teresita Colas                | Nathalie Lagan                             | Julius Cleto               |
| SABLAN    | Marcelino Baldo      | Lloyd Tabdi                   | Romeo Amboy                                | David Cabutan              |
| TUBA      | Delarosa Delmas      | Cathy Pulig                   | Wilfredo Fernando                          | Sarah Jane Abance          |
| TUBLAY    | Ambrocio Atiw        | Marivic Marzan                | Jaqueline Puyao                            | Arthur S. Juan             |